



# Lovat Fields Village

An ExtraCare Village

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Issue 2

**Lovat On-line** For professionals working in health and social care who want to find out about care and support at Milton Keynes' first retirement village

## Flying High For 2007!

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Future Lovat Fields Villager, Margaret Helsey (right) almost took to the skies, at Airkix in Milton Keynes, recently.

Margaret, who is registered blind, enjoyed two fabulous flights in the famous wind tunnel.

Along with other future residents, Margaret has already tried abseiling, horse riding and canoeing with Village Charity, The ExtraCare Charitable Trust.

Now Margaret wants to take the next step and parachute out of a plane.

"It's what my appetite for the real thing," she says.



## In This Bulletin

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|   |   |
|---|---|
| Limited Care Spaces Still Available     | 2 |
| A Note From Your Village Manager        | 2 |
| Key Village Facts                       | 3 |
| Delivery of Care Support in the Village | 4 |
| How to Apply on Behalf of a Client      | 4 |
| Villagers Raise the Roof                | 5 |
| How to Find the Village                 | 6 |

## Limited Care Spaces Still Available

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Lovat Fields offers a new, enriching lifestyle for older people aged 55 upwards, who are both fit and frail and living in the Milton Keynes area. By agreement with Milton Keynes Council, limited spaces have specifically been held back for older people who have care needs.

You may have clients who are receiving a care package and would like to apply. If so, you should call the ExtraCare team at the Village immediately on 01908 298 700.

## A Note from Your Village Manager

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Dear Readers,

Happy New Year.

Some of you may have seen the retirement village emerging in Willen. Just before Christmas builders completed the roof and are now busily creating the internal facilities such as the restaurant, gym, bar and arts and crafts areas. We are on-schedule to open this summer.

This month we are planning a major recruitment campaign to ensure we carefully select over 50 new staff for your Village.

Meanwhile, 70% of our residents who are renting a village property have now been allocated and we have also allocated over half of the residents who will be receiving a package of care support.

Plans for the Village look smart and the array of facilities and opportunities planned for future residents may suggest comparison with a hotel. Yes, the Village will be stylish but it will also be inclusive, welcoming older people throughout the City.

Please remember, we still have places for people with support needs many of whom may have limited savings. These are the people whom we need to attract, quickly, whilst spaces are still available. If you know someone with support needs who may be eligible, please let us know, we may be able to help.

Best wishes,

A handwritten signature in black ink that reads "Jonny".

Jonny Westbrooke, Village Manager

## Key Village Facts

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**When will the Village Open?**  
Summer 2007

**Who is developing the Village?**  
Milton Keynes Council and The ExtraCare Charitable Trust

**How many Properties?**  
244 apartments and 14 bungalows.  
Properties will have their own kitchen, bedroom(s), shower room, living room.  
All properties will be fully accessible, with alarm call systems linked to a 24/7 qualified ExtraCare staff team.



**The Village will open in Summer 2007**

Properties will be specifically designed to meet the needs of older people requiring up to 24-hour support.

The Village is a social housing project that is supported by Milton Keynes Council and The ExtraCare Charitable Trust. ExtraCare offers a number of options for people who have limited savings:

### **Rental Properties**

Properties will be available on a rent-only basis. Applicants will be eligible to apply for support with their housing and care costs.

### **Part-purchase Properties**

A significant number of older people may own a low to medium-priced property and have little or no savings. Part-purchase allows residents at Lovat Fields to purchase up to 75% of their property and rent the remainder. Again, all applicants will be eligible to apply for support with their housing and care costs.

### **Outright-purchase Properties**

This option is available for applicants even if they have limited savings. Once again, all applicants will be eligible to apply for support with their housing and care costs.



### **Social and Leisure Facilities**

The Village will have a host of social and leisure facilities which are affordable and accessible for all residents, including; a fitness gym, restaurant and bar, spa pool, Village shop, arts and crafts centre, Village hall, IT suite, hair dressing salon, library greenhouse and gardens, woodwork shop and Well-being centre.

### **An ExtraCare Fitness Gym**

# Delivery of Care Support in the Village

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ExtraCare will have a dedicated, 24-hour, qualified staff team at Lovat Fields Village. In conjunction with Milton Keynes Social Services, residents needing care support will be assessed individually.

Support will range from help with domestic tasks to the provision of a 24-hour nurse-led service. The service will be delivered in the residents' own homes and residents should never need to leave the Village unless an acute medical condition requires hospitalisation.

## Key Features

- On-site team - 24 hours a day
- Resident Support Workers (RSW) will provide the personal support to villagers on a package of care that has been personally agreed with them. All RSW's will be trained to Level 2 NVQ, the nationally recognised qualification in social care.
- Registered General Nurses will supervise assistance for those residents requiring up to 24-hour nurse-led support.
- Support is holistic and centred around each individual's lifestyle.
- The ambition is to ensure residents have a "home for life", with no need to move to a nursing home or hospital if they become frail. Couples remain together.
- Some residents may require financial assistance to help pay for their support. Our specialist benefits advisor will help individuals to access state benefits.
- The Village is registered with the Commission for Social Care Inspection (CSCI), who monitor and inspect the standards of our services regularly.

## How to Apply on Behalf of a Client

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If you have a client over the age of 55 living in the Milton Keynes area who has a current or potential care need and would like to apply, simply phone 01908 298 700 and state that you have a 'support package application' for the Village.

We will work with you to support the application. Initially, this will involve:



- Your client visiting the Village marketing suite for a presentation or
- We will make arrangements with you for a home/hospital visit if required
- Completing an application form and agreeing a joint assessment for the applicant between Social Services and ExtraCare

Judith Mclatchy, the registered general nurse at the Village will be happy to provide specialist advice to health and social care staff on behalf of applicants. Judith can be contacted on 01908 298 700.

### Specialist Benefits Advice

ExtraCare has a specialist benefits advisor who will support every applicant who moves into Lovat Fields Village. The service is expert and successful. Already £120,000 in benefits has been found for future Lovat Fields' residents and this figure is expected to rise to £150,000 when the Village opens this summer.

## Villagers Raise The Roof

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Village resident, Bernie O'Hara (pictured below) joined The Duchess of Bedford and The Mayor, 70ft up, to lay engraved roof tiles on Lovat Fields Retirement Village in Willen, as over 100 future villagers and guests cheered from the construction site below.

At the ceremony Cllr Irene Henderson commented: "Together with many hundreds of older people I have watched the building go up with increasing excitement and I cannot wait to see residents moving in. The Village will enrich their lives and it will also enrich the communities that surround it."



Cllr Henderson told guests that a paper had been presented to Cabinet: "The next retirement village will be on the West Flank, we hope. The process has started," she said. "We are on the way."

## How to Find the Village

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Phone: 01908 298 700.

Email: [reception.lovat@extracare.org.uk](mailto:reception.lovat@extracare.org.uk)  
[www.extracare.org.uk](http://www.extracare.org.uk)

Address: Lovat Fields Village, Brickhill Street, Milton Keynes, MK15 9LE

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